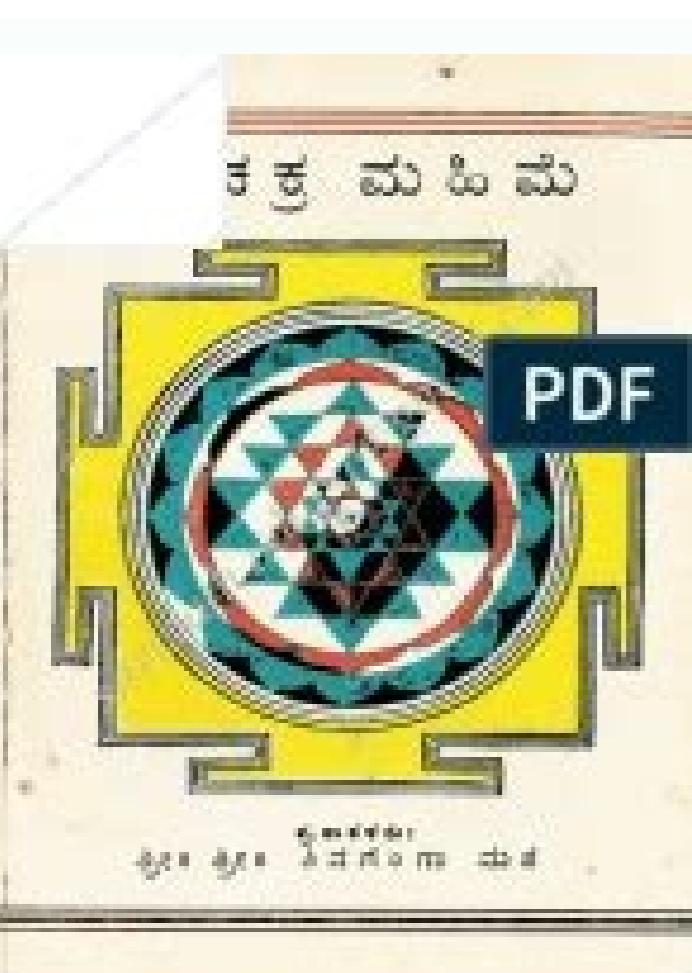


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(Aditya Hrudayam)
A Hymn to Sun God.

(Sage Agastya's dictates to Lord Rama in the battle field)
(Word to word meaning of the cantos)

**1. Tato yuddha pari srantam Samare Cintaya Sthitami
Ravanam Cagrato drustva yuddhaya Samupasthitam ||**

Tato yuddha parisrantam = At that battle ground; Samare cintaya sthitam = with great worry engulfing in the battle; Ravanam egrato drustva = Gazing at Ravana with Single minded attention; yuddhaya Samupasthitam = Having prepared to fight.

Seeing Sri Rama Standing absorbed in thought at the battle field, exhausted by the fight and facing Ravana who was duly prepared for the war.

**2. Dalvataisca Samogamya drastu = mabhyagatoranam |
Upagamyabra Vidrama magastyo bhagavanrsih ||**

Daiva taisca Samagamyā = Came along with the Devas to witness the war;
 Drastu mabhyagatoranam = Seen Rama depressed; upagamyabrahma-vidrama = Met him alone; Agasthyo Bhagavan = The Cosmic Rsi Agasthya.

The all knowing cosmic Sage Agastya who had come with Gods to witness the battle, approaching Sri Rama Singly spoke to him thus.

**3. Rama Rama Mahabaho srunu guhyam Sanatanam |
Yena Sarva Narayhanvatsa Samare Vilavishwas! ||**

Rama Rama Mahabaho = Addressing the elegant armed Rama; Sruru guhyam
Sanatanam = Hear the most secret and ancient; Samare Vijayati = Will win in the

'O' Rama, 'O' Mighty elegant armed Rama, listen to the eternal secret by which 'O' my child, you shall conquer all your enemies on the battle field.

4. Aditya Hrudayam punyam Sarva satru Vinasanam |

Aditya hrudayam pumyam = The meditation of Sun in the heart highly beneficial; Sarva Satruvinasanam = Destroyer of all enemies, Jayavaham = Ensures Victory at all times; Japetnityam = To the one who to be meditated always;

It is Aditya hrudayam which is holy, destroyer of all enemies, bestower of victory, strength and success, the blessed and most worshipped among deities.

5. Sarva mangala Mangalyam Sarva papa pranasanam |

Environ Monit Assess (2009) 153:1–11
DOI 10.1007/s10661-008-0630-0

